

EXETER FOOD ACTION FESTIVAL

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PRINCESSHAY SQUARE, EXETER

SUNDAY 20TH SEPTEMBER

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A **FREE** community event promoting food waste reduction and raising awareness of Exeter Food Action through demonstrations, activities and community engagement.

We've a jam-packed line-up of informative, fun and educational sessions for all the family!

10.30	FESTIVAL WELCOME
10.45	COMMUNITY STORIES
11.30	SURPLUS FRUIT COOKERY DEMO
12.15	FERMENTATION AND PRESERVATION DEMO
13.00	GROW YOUR OWN FOOD
13.45	SOUPS AND SHAKES COOKERY DEMO
14.30	FOOD WASTE – THE SHOCKING TRUTH
15.00	FOOD HERO COMPETITION WINNER AND FESTIVAL CLOSE

COOKERY DEMOS! KIDS' ACTIVITIES! EXPERT TALKS!

Win a **£250 Amazon Voucher**

COMPETITION TIME

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Simply cut out, complete and bring this form along to the Festival to receive a 'Food Waste Hero' certificate and entry into a prize draw to win a **£250 Amazon Voucher**.

1 Enjoy your whole lunch or dinner for one week - without eating more than your tummy needs

COMPLETE ☐

2 Look in the fridge and find older vegetables or fruits that need to be eaten first

COMPLETE ☐

3 Find out the difference between a 'Use by' date and 'Best Before' date on food

COMPLETE ☐

4 Save any meal leftovers in an air tight container to eat later rather than throwing it away

COMPLETE ☐

5 Find a recipe using food you already have in the house

COMPLETE ☐

6 Bring this completed form to the Exeter Food Action Festival

COMPLETE ☐

Child's Name: _____

Parent's Name/Mobile: _____

EXETER
SUSTAINABILITY
AWARDS
WINNERS 2026

MORE INFO:

WWW.EXETERFOODACTION.ORG.UK

SUPPORTED BY

Devon
County Council

one
voice

Browne
Jacobson

COASTAL
RECYCLING

Pickle
SHACK

ASHGROVE
KITCHENS

MA73TRO

FRESH
GROUND
FILMS

TOZERS

Exeter
City Council

Registered Charity Number 1174174